

Amino Acids

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

I T T A K E E S A L L A O F T H E S E A M I
 N O E A C I N P D S T B O M A K E E A C O M
 P L N E T E I P Y R O A T E I N N T C L K L
 N E I L P J N G L R T G W N I M Q J A R Y Y
 C N H M Q Z A Q A L O E H M Z L D T R E I Z
 R I T E M N L X E S N G A Z R F A Z N S S M
 R S I K N V A U M I P T L C B U B I I E O K
 Q O N H T I C H L R U A I U R G N J T R L T
 X R R X I I T A P L K T R I T A Q P I I E F
 J Y O F N S V S G O R E N T L A N L N N U P
 L T M E W Y T H Y U T E N A I N M Z E E C X
 M P L T N Y V I L C R P L I C C N A M Z I C
 V T Z N D R L I D G Q Y Y Z N X A T T K N M
 P M Q D B P N T H I N Q F R T O N C E E E J
 L N Z T P E B M X E N Q K M T L I N I T M L
 C P R O L I N E H L F E B C N T I H N D M L
 P K X G R H R P P H Y Z Z N G N L L T R T L
 X G A S P A R A G I N I N E G M P M V E L M
 B K K M N J T P J M M B R R B M B W L D M P
 D D E N I N O E R H T L A Z M H D D Z V R V
 D E N I S Y L T G P M Q J B Y G L Y C I N E
 B M X W E N I E T S Y C V C H W L N V J X C

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|---------------|---------------|---------------|
| Alanine | Glutamine | Proline |
| Arginine | Glycine | Pyroglutamate |
| Asparagine | Histidine | Serine |
| Aspartic Acid | Isoleucine | Taurine |
| Carnitine | Leucine | Threonine |
| Citruline | Lysine | Tryptophan |
| Cysteine | Methionine | Tyrosine |
| Cystine | Ornithine | Valine |
| GABA | Phenylalanine | |

Amino Acids

I T T A K E E S A L L A O F T H E S E A M I
N O E A C I N P D S T B O M A K E E A C O M
P L N E T E I P Y R O A T E I N N T C L K L
N E I L P J N G L R T G W N I M Q J A R Y Y
C N H M Q Z A Q A L O E H M Z L D T R E I Z
R I T E M N L X E S N G A Z R F A Z N S S M
R S I K N V A U M I P T L C B U B I I E O K
Q O N H T I C H L R U A I U R G N J T R L T
X R R X I I T A P L K T R I T A Q P I I E F
J Y O F N S V S G O R E N T L A N L N N U P
L T M E W Y T H Y U T E N A I N M Z E E C X
M P L T N Y V I L C R P L I C C N A M Z I C
V T Z N D R L I D G Q Y Y Z N X A T T K N M
P M Q D B P N T H I N Q F R T O N C E E E J
L N Z T P E B M X E N Q K M T L I N I T M L
C P R O L I N E H L F E B C N T I H N D M L
P K X G R H R P P H Y Z Z N G N L L T R T L
X G A S P A R A G I N I N E G M P M V E L M
B K K M N J T P J M M B R R B M B W L D M P
D D E N I N O E R H T L A Z M H D D Z V R V
D E N I S Y L T G P M Q J B Y G L Y C I N E
B M X W E N I E T S Y C V C H W L N V J X C